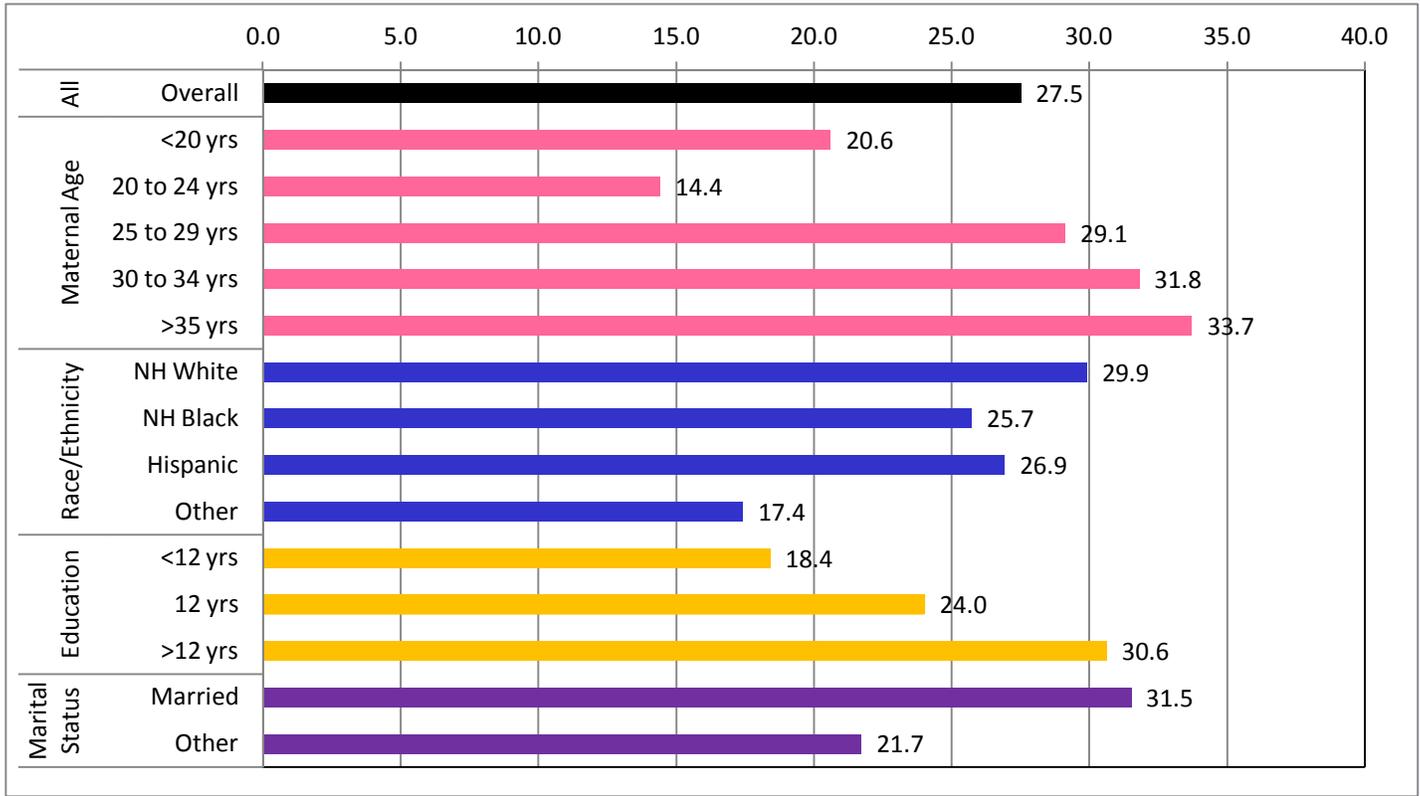


Health Behaviors

Percentage (%) of new mothers in Illinois who reported dieting 12 months before pregnancy

Survey Question 7: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? A. I was dieting (changing my eating habits) to lose weight.



Note confidence intervals (CI) and other details below

		Percentage ¹	95% CI ²	Respondents ³	Estimated Population Affected ⁴
All	Overall	27.5	25.1 - 30.2	397	40,760
Maternal Age	<20 yrs	20.6	12.3 - 32.3	19	2,246
	20 to 24 yrs	14.4	10.1 - 20.1	38	3,613
	25 to 29 yrs	29.1	24.4 - 34.2	114	12,917
	30 to 34 yrs	31.8	27.4 - 36.7	139	13,960
	>35 yrs	33.7	27.7 - 40.2	87	8,024
Race/Ethnicity	NH White	29.9	26.5 - 33.4	229	23,286
	NH Black	25.7	19.3 - 33.3	57	6,576
	Hispanic	26.9	21.9 - 32.5	87	8,709
	Other	17.4	11.1 - 26.1	21	1,928
Education	<12 yrs	18.4	12.8 - 25.6	36	3,857
	12 yrs	24.0	18.6 - 30.5	63	6,989
	>12 yrs	30.6	27.6 - 33.9	293	29,496
Birth Weight	LBW	29.0	24.4 - 34.1	98	3,084
	NBW	27.4	24.8 - 30.2	299	37,676
Marital Status	Married	31.5	28.4 - 34.9	278	27,684
	Other	21.7	18.0 - 25.9	119	13,076
Medicaid Recipient*	Yes	21.6	18.3 - 25.2	153	16,364
	No	33.7	30.1 - 37.6	242	24,239

¹Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2013 who responded Yes to the survey question for the specified indicator

²CI = confidence interval

* Delivery paid by Medicaid

³Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

⁴Estimated population affected = Estimated number of Illinois mothers giving birth in 2013 who would respond Yes to the survey question for the specified indicator